



ILLNESSES and INJURIES

At Home

Covenant reserves the right to refuse admittance to a student who is ill, seriously injured, or has a fever. Please keep your child home if he has any of the following symptoms:

1. Fever with a temperature of 100 degrees or more
2. Sore throat
3. Runny nose with a discolored discharge
4. Coughing spells
5. Vomiting
6. Frequent or loose bowel movements
7. Conjunctivitis (pink eye) – student must be on medication for a **MINIMUM** of 24 hours before returning
8. Rash
9. Symptoms of any contagious illness
10. If your student suffers a broken bone or debilitating injury, please keep your child home until they have been cleared by their doctor to return to school, are able to perform activities of daily living (i.e., bathroom needs and feeding) **AND** are able to safely transition from classroom to classroom (stairs may be involved). A doctor's note will be required.
11. If your student suffers a diagnosed concussion, at home or while at school, a doctor's note will be required before they can return to school. Covenant's Athletic Director reserves the right to withhold students from sports or PE activities, even with a doctor's clearance.
12. Your student must be fever free, without medication (Tylenol, Acetaminophen, Ibuprofen, Advil, Motrin), for at least 24 hours before returning to school.
13. Your student must be vomit and diarrhea free for 24 hours, without medication, before returning to school.
14. Even with a doctor's note clearing your student for school, Covenant reserves the right to apply our 24-hour sickness policy.



At School

If a student becomes ill or injured at school, the following guidelines must be followed:

1. In a case of critical illness or injury, a physician named by the parent will be called and the student taken to the nearest emergency room or to the physician's office. The parent will be notified where to meet the student.
2. Students are to be isolated if they develop symptoms of illness at school. Students suffering injury will be administered first aid, if needed.
3. The student's parent/guardian will be notified immediately.
4. The student will be supervised until leaving school. Students who are obviously ill will not be allowed to remain at school.

COVID (Revised 08/2024)

Covenant will follow the recommendations set by the Center for Disease Control.

Isolate and take precautions if you have or suspect you have COVID-19.

- You can go back to your normal activities when, for at least 24 hours, both are true:
 - Your symptoms are getting better overall, **and**
 - You have not had a fever (and are not using fever-reducing medication).
- When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors. This is especially important to protect people with factors that increase their risk of severe illness from respiratory viruses.
 - Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.
 - *If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication).* Then take added precaution for the next 5 days.

Please call your doctor or the Nurse's office with any questions or concerns!